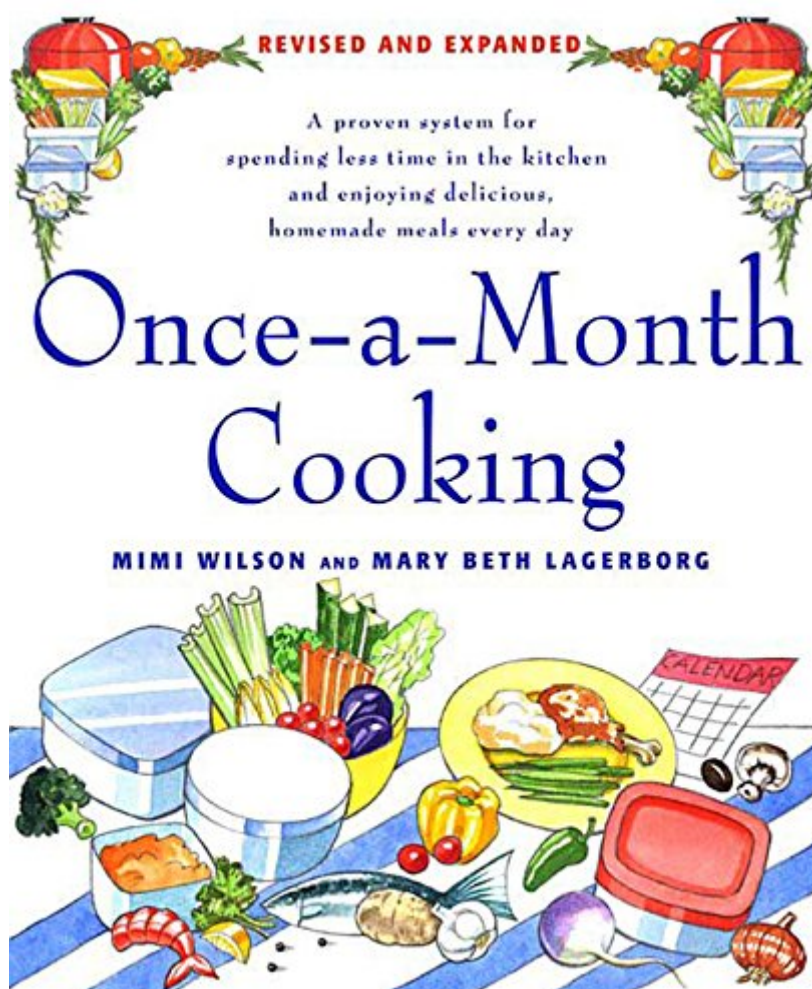


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# Once-A-Month Cooking: A Proven System For Spending Less Time In The Kitchen And Enjoying Delicious, Homemade Meals Every Day



## Synopsis

Since the first edition of Once-a-Month Cooking was published in 1986, its proven, practical method has helped hundreds of thousands of families reduce their cooking time and still enjoy nightly home-cooked meals. You don't have to be a super savvy chef to pull your family together each week for these light and simple, easy-to-prepare meals. Revised to reflect today's healthier diet, this revised edition explains how to: plan ahead, spend less time at the supermarket, cut down on prep time, group similar kitchen tasks together to get them all done at once, make kitchen clean-up more manageable, and use the freezer, computer, and your head to create a month full of delicious meals! Contains many easy, prepare-ahead recipes for dinner time success such as:--Baked Jambalaya Mexican--Chicken Lasagna--Chicken Taco Salad--Slow Cooker Cranberry Pork--Veal Scaloppini--And more! Whether you are a busy parent on the go or you just want a quick dinner to warm your spirit, you'll be instantly hooked on this cookbook classic and its fool-proof Once-a-Month Cooking method!

## Book Information

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## Customer Reviews

While I really enjoyed doing this and love the idea, my husband has some issues with it, so we are

compromising on the number of stars to give the book. We tend to make the same thing over and over and can't ever think of new things with the items we have and so having a menu with a different meal for 30 days seemed really appealing. Plus, we figured that we would save a lot of money by not eating out if we had homemade things ready to go. We started with the One-Month Entree Plan E. There were many errors but nothing that kept us from creating what seem like a whole host of good dishes. As someone else noted, there was a lot of confusion over cooked chicken and raw chicken and we ended up with wrong amounts of both, but it wasn't a big deal and we were able to work around things like this easily. What we didn't like was that for the salmon dinner we were told to buy salmon, so we buy this nice fresh salmon to prepare. But then, when we got to the recipe we found that the 'recipe' was just to freeze the salmon and then cook it with lemon, dill and paprika on the day you are going to eat it. If we had realized that we were going to just freeze the salmon without any prep, then we would have just bought some frozen salmon, not a good quality fresh one. This was sort of a surprise with a lot of the recipes, that there wasn't any preparing the meat/chicken on the cooking day, just freezing it and then cooking it on the day we are to eat it. While there isn't anything inherently wrong with this, it just wasn't quite what we expected. With the salmon, we ended up not freezing it and ate it as the first meal. Also the fact that these recipes were right up our alley is a bad sign!

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